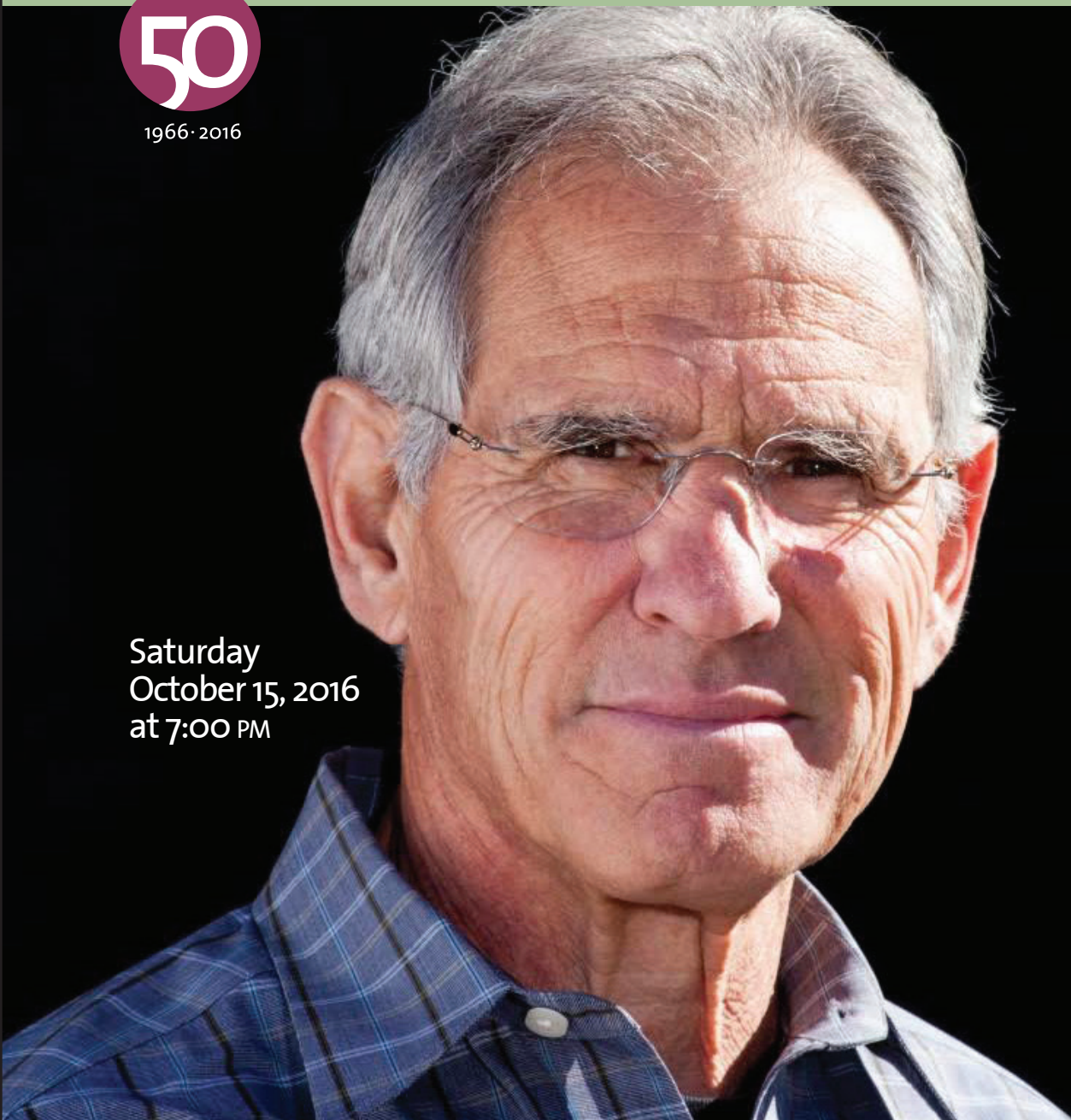


An evening with
JON KABAT-ZINN PhD



1966 · 2016

Saturday
October 15, 2016
at 7:00 PM



In celebration of the Rochester Zen Center's 50th anniversary,
Dr. Kabat-Zinn will discuss "The Mainstreaming of Mindfulness in
America: What Zen's Got to Do With It, and Where Does it Go From Here?"

Hochstein School of Music, 50 Plymouth Ave. N., Rochester, NY 14614

Tickets available online at RZC.org/50th-anniversary-lecture/



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